Cayuga-Onondaga Area School Employees’

HEALTHCARE PLAN

**1879 West Genesee Street Road**

**Auburn, New York 13021-9430**

**(315) 253-0361**

In an effort to promote the well-being of all Members and Staff, the COASEHP is distributing Wellness Reminders and Tips from Excellus BCBS and ENV Insurance Agency.

We hope you find the information useful.

***~ ~ New Year, New Benefits and Changes ~ ~***

COASEHP Members can **visit the Cayuga-Onondaga BOCES Website** anytime for Plan Forms, Important Information, website links, Plan Summary of Benefits, the Privacy Policy and more. The COASEHP information can be found on the website: Professional Services, Cayuga-Onondaga Area School Employees’ Healthcare Plan – then visit the various information by selecting Medical & Prescriptions (for Excellus and Express Scripts), First Stop Health Telemedicine (for the cost-free Telemedicine service), etc. Visit the “Frequently Asked Questions” on the BOCES website in the Plan Changes section for the 1/1/2024 Changes.

**Below are highlights of the 1/1/2024 Changes:**

**Traditional Plan** – The addition of coverage in full for: Adult Immunizations, Routine Colonoscopy, and Annual Physicals.

**Modified Traditional Plan** – Coverage in full for several preventative services that currently have a copay such as Annual Physicals and Routine Colonoscopy, and added coverage in full for Adult Immunizations.

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| **Traditional Plan** | **1/1/2024:** |  | **Modified Traditional Plan** | **1/1/2024** |
| Individual Deductible | $200.00 |  | Office, Labs, etc. | $20.00 |
| Family Deductible | $600.00 |  | Surgery | $55.00 |
| Co-Insurance Out of Pocket, per Individual | $500.00 |  | Emergency Room (waived if admitted) | $55.00 |
| Emergency Room (waived if admitted) | $75.00 |  | Urgent Care | $40.00 |
| Urgent Care | $25.00 |  |  |  |

**\* \* Deductibles start over annually on January 1st \* \***

Excellus BCBS mailed new ID Cards to all COASEHP Members in late December – if you haven’t received it, you can download yours right from the Excellus BCBS App, or call Customer Service at 1-800-370-5421.

The **Keenan Pharmacy Care Management Program** (“KPCM”) went into effect on **1/1/2024** and is designed specifically to enhance members current Pharmacy Plan and provide ways to improve quality of care. In most cases, this new program will help reduce Member’s out-of-pocket costs for prescription medications. KPCM is an innovative program which analyzes Member prescription drugs and communicates with Member physicians, and Members at times, on quality of care and cost-saving opportunities.

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Members should continue taking prescribed medications, and KPCM will reach out to doctors if a therapeutic, lower-cost alternative drug is available. A *PRIOR AUTHORIZATION* (“**PA**”) may be required for some medicines, but members have a grandfathered 90 days to continue taking prescribed medications. Members should contact their physician to ensure they submit a **PA** to Express Scripts early for medications that require a PA – and physicians can call Express Scripts at 1-800-753-2851.

**Members have access to Express Scripts!** Visit [**express-scripts.com**](https://protect-us.mimecast.com/s/Sd4WCYE932hOAG3F0wTx3?domain=express-scripts.com) or upload the app, and register for your account – from here you have full access to prescriptions, and access to check for PA requirements!

**Keep your Benefits Up-To-Date**

It’s important to keep your COASEHP coverage up-to-date since life-changing events may directly affect your health insurance (and other benefits)! Have you moved, gotten married/added a dependent, or gotten divorced and not required to cover your former spouse or dependent(s)? Has a covered dependent passed away, or approaching Age 65? Contact your District Healthcare Clerk for information and required paperwork.

**First Stop Health Telemedicine**

**COASEHP Members & covered Dependents have this FREE**

**service available, 24/7!**

Consider contacting **First Stop Health** for non-emergency medical issues like runny nose, cough, fever, toothache, aches/pains, sinus infection, etc.

**Avoid a long wait & out-of-pocket costs at the ER/Urgent Care!**

**Call 888-691-7867 or**

**Visit fshealth.com or**

**Download the *First Stop Health* App.**

~Visit the First Stop Health section on Cayuga-Onondaga BOCES Website~

**Serving the School Districts of Cato-Meridian, Jordan-Elbridge, Moravia, Port Byron, Skaneateles, Southern Cayuga,**

**Union Springs, Weedsport, and the Board of Cooperative Educational Services.**